



LPI

Life Perspective Inventory

LPI Alpha Reliability

Life Perspective Inventory

Factor 1: Personal Effectiveness [Tentative Label] (*Reliability Alpha=.805*)

4. When a situation occurs that seems like a failure or set back my initial response is to
[Bounce back-----Give up]
5. When I think about my schedule of activity on a typical day, my emotional reaction is
[Anticipation-----Dread]
1. When confronted with making a decision, that will impact my foreseeable future, I am
typically
[Uncertain-----Decisive]
6. At this point in time, I view my prospects for the future as
[Gloomy-----Optimistic]
3. When I consider the present circumstances of my life I am
[Dissatisfied-----Satisfied]
9. Viewing my physical condition, I would consider myself to be
[Healthy-----Unhealthy]

Factor 2: Social Support [Tentative Label] (*Reliability Alpha =.756*)

7. My social interaction with family is best described as
[Close-----Distant]
2. My social interaction with friends is best described as
[Intimate-----Isolated]
11. Generally, when I consider the people and opportunities available to me I feel
[Thankful-----Ungrateful]
10. I would describe my sense of an overall purpose for my life as
[Meaningful-----Insignificant]
8. Based upon my knowledge, the resources available to me on this campus are
[Unlimited-----Restricted]

Religious/Spiritual Beliefs

12. Compared to other people, I would describe my religious activity to be
[Strong-----Weak]
13. I would describe my spiritual life to have a purpose and direction that is
[Consequential-----Insignificant]